Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire****on using wild foods during the complementary feeding period** **for use with mothers of children aged 6 – 23 months** |

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| **Behaviour Statement**Mothers of children aged 6 – 23 months feed them wild foods.  |

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| **Interview Data**Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into the topic of young child feeding practices*.* The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence. Would you like to talk with me? *[If not, thank the respondent for her time.]***Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. How old is your youngest child?**

❑ A. 6 – 23 months 🡪 *[Ask the next question*.*]*

❑ B. Less than 6 or more than 23 months 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Does not know / no response 🡪 *[End the interview and look for another respondent.]*

**2. Was yesterday a celebration or fasting day or any other event where this baby ate any special foods that s/he usually does not consume?**

❑ A. No 🡪 *[Ask the next question*.*]*

❑ B. Yes 🡪 *[End the interview and look for another respondent.]*

**3.** **I would like you to think about all the** **meals and snacks you fed this baby in the past day and night. Can you please tell me all the foods you fed this baby during the past day and night?**

 **Note the foods mentioned:**

**4.** **Did you collect any of these foods yourself in the wild?**

❑ A. YES 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. NO 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Did not know / did not respond

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER(ALL of the following)** | **NON-DOER(ANY one of the following)** | **DO NOT INTERVIEW(ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A |  | Question 2 = B |
| Question 3 = A | Question 3 = B | Question 3 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

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| **Behaviour Explanation***“In the following questions, I am going to be talking about ‘feeding wild foods to your child’. By this I mean including foods that you yourself have collected from the wild in the meals you prepare for your children aged between 6 months and 2 years.”* |

### Section B: Research Questions

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| **If the respondent is a DOER =** **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =** **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills**  |
| **1.1 Doers:** What makes it **easy** for you to feed wild foods to your child?*[Write all responses below. Probe with “What else?”]*  | **1.1 Non-Doers:** What would make it **easy** for you to feed wild foods to your child? *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to feed wild foods to your child?*[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to feed wild foods to your child?*[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences[[1]](#footnote-1)** |
| **Doers:** What are the **positive consequences** of feeding wild foods to your child?*[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of feeding wild foods to your child?*[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** |
| **Doers:** What are the **negative consequences** of feeding wild foods to your child?*[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative consequences** of feeding wild foods to your child?*[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** |
| **4.1 Doers:** Who are all the people that **approve[[2]](#footnote-2)** of you feeding wild foods to your child?*[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you feeding wild foods to your child? *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you feeding wild foods to your child?*[Write all responses below. Probe with “Who else? Anyone in particular?”]*  | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you feeding wild foods to your child?*[Write all responses below. Probe with “Who else? Anyone in particular?”]*   |
| **5. Perceived Access** |
| **Doers:** How difficult is it to find edible foods in the wild? Is it very difficult, somewhat difficult or not difficult at all?❑ A. Very difficult❑ B. Somewhat difficult❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to find edible foods in the wild? Would it be very difficult, somewhat difficult or not difficult at all? ❑ A. Very difficult❑ B. Somewhat difficult❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** |
| **Doers:** How difficult is it for you to remember which wild foods are appropriate to feed to your child? Is it very difficult, somewhat difficult or not difficult at all?❑ A. Very difficult❑ B. Somewhat difficult❑ C. Not difficult at all | **Non-Doers:** How difficult do you think it would be to remember which wild foods are appropriate to feed to your child? Would it be very difficult, somewhat difficult or not difficult at all?❑ A. Very difficult❑ B. Somewhat difficult❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability**  |
| **Doers:** How likely is it that your child will become undernourished in the coming year? Is it very likely, somewhat likely or not likely at all?❑ A. Very likely❑ B. Somewhat likely❑ C. Not likely at all | **Non-Doers:** How likely is it that your child will become undernourished in the coming year? Is it very likely, somewhat likely or not likely at all?❑ A. Very likely❑ B. Somewhat likely❑ C. Not likely at all |
| **8. Perceived Severity** |
| **Doers:** How serious would it be if your child became undernourished next year? Would it be very serious, somewhat serious or not serious at all?❑ A. Very serious❑ B. Somewhat serious❑ C. Not serious at all | **Non-Doers:** How serious would it be if your child became undernourished next year? Would it be very serious, somewhat serious or not serious at all? ❑ A. Very serious❑ B. Somewhat serious❑ C. Not serious at all |
| **9. Perceived Action Efficacy** |
| **Doers:** How likely is it that your child would become undernourished if you feed him wild foods? Is it very likely, somewhat likely or not likely at all?❑ A. Very likely❑ B. Somewhat likely❑ C. Not likely at all | **Non-Doers:** How likely is it that your child would become undernourished if you feed him wild foods? Is it very likely, somewhat likely or not likely at all?❑ A. Very likely❑ B. Somewhat likely❑ C. Not likely at all |
| **10. Perceived Divine Will** |
| **Doers:** Do you think that your religion approves of you feeding wild foods to your child?❑ A. Yes❑ B. Maybe ❑ C. No  | **Non-Doers:** Do you think that your religion approves of you feeding wild foods to your child?❑ A. Yes❑ B. Maybe ❑ C. No  |
| **11. Policy** |
| **Doers:** Are there any community laws or rules in place that make it less likely that you feed your child wild foods?❑ A. Yes❑ B. Maybe ❑ C. No | **Non-Doers:** Are there any community laws or rules in place that make it less likely that you feed your child wild foods? ❑ A. Yes❑ B. Maybe ❑ C. No  |
| **12. Culture** |
| **Doers:** Are there any cultural rules or taboos against feeding wild foods to young children?❑ A. Yes❑ B. Maybe ❑ C. No | **Non-Doers:** Are there any cultural rules or taboos against feeding wild foods to young children?❑ A. Yes❑ B. Maybe ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.****Thank the respondent for her time!** |

1. *Positive consequences can also be translated as “the positive things that happen when you [insert the behaviour]”.*  [↑](#footnote-ref-1)
2. *The meaning of “approve” in this question is very subtle. It implies the idea of “in favour of….” It does not mean “give permission” or “allow”. Translators should use care when selecting the word to convey the meaning of this word and also of “disapprove”.* [↑](#footnote-ref-2)