Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on attendance at postpartum family planning consultation**  **for use with women of children younger than 12 months old** |

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| **Behaviour Statement**  Mothers of children aged 5 – 8 months attend a postpartum family planning consultation. |

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| **Interview Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into things mothers do to stay healthy. The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. Do you have a child that is younger than one year?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent*.*]*

❑ C. No response 🡪 *[End the interview and look for another respondent.]*

**2. After you gave birth to this child, did you go to a health facility to learn about family planning?**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Does not remember / no response 🡪 *[End the interview and look for another respondent.]*

**3.** **How soon after the birth did you go to learn about family planning?**

❑ A. Within 8 months of giving birth🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. 9 months or more after the birth 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Does not remember / no response 🡪 *[End the interview and look for another respondent.]*

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A | Question 2 = B | Question 2 = C |
| Question 3 = A | Question 3 = B | Question 3 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

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| **Behaviour Explanation**  In the following questions I’m going to be talking about family planning consultation. When I say this, I mean the consultation at a health facility during which a new mother learns about family planning or child spacing to delay or prevent another pregnancy. *[Consider having a picture that shows a mother at a health centre holding an infant while learning about contraceptive methods]* |

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What makes it **easy** for you to attend a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to attend a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to attend a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to attend a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences[[1]](#footnote-1)** | |
| **Doers:** What are the **positive consequences** of attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative consequences** of attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **negative consequences** of attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approve[[2]](#footnote-2)** of you attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you attending a family planning consultation within 8 months after giving birth?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult was it to get to the health centre for a family planning consultation within 8 months of giving birth? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to get to the health centre for a family planning consultation within 8 months of giving birth? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Cues for Action/Reminders** | |
| **Doers:** How difficult was it to remember to attend a postpartum family planning consultation within 8 months after giving birth? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to remember to attend a postpartum family planning consultation within 8 months after giving birth? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **7. Perceived Susceptibility/Vulnerability** | |
| **Doers:** How likely is it that you will get pregnant within 2 years of giving birth? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that you will get pregnant within 2 years of giving birth? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **8. Perceived Severity** | |
| **Doers:** How serious would it be if you got pregnant within 2 years of giving birth? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | **Non-Doers:** How serious would it be if you got pregnant within 2 years of giving birth? Would it be very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **9. Perceived Action Efficacy** | |
| **Doers:** How likely is it that you would get pregnant within two years of giving birth, if you attended a family planning consultation within 8 months after giving birth? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that you would get pregnant within two years of giving birth, if you attended a family planning consultation within 8 months after giving birth? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **10. Perceived Divine Will** | |
| **Doers:** Do you think that your religion approves of you using contraception?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Do you think that your religion approves of you using contraception?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **11. Policy** | |
| **Doers:** Are there any community laws or rules in place that make it more likely that new mothers attend a postpartum family planning consultation within 8 days after delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Are there any community laws or rules in place that make it more likely that new mothers attend a postpartum family planning consultation within 8 days after delivery?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **12. Culture** | |
| **Doers:** Are there any cultural rules or taboos against mothers attending a postpartum family planning consultation within 8 months after giving birth?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | **Non-Doers:** Are there any cultural rules or taboos against mothers attending a postpartum family planning consultation within 8 months after giving birth?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her time!** |

1. *Positive consequences can be translated also as “the positive things that happen when you [insert the behaviour]”.*  [↑](#footnote-ref-1)
2. *The meaning of “approve” in this question is very subtle. It implies the idea of “in favour of….” It does not mean “give permission” or “allow”. Translators should use care when selecting the word to convey the meaning of this word and also of “disapprove”.* [↑](#footnote-ref-2)