Group: ❑ Doer ❑ Non-Doer

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| **Barrier Analysis Questionnaire**  **on use of modern sanitary pad**  **for use with adolescent girls (aged 10 – 19 years)** |

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| **Behaviour Statement**  Adolescent girls (ages 10 – 19) who are menstruating use a modern sanitary pad. |

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| **Demographic Data**  Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire Number: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Scripted Introduction**  Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and I am part of a study team looking into things girls do to stay healthy. The study includes an interview regarding this topic and will take about 20 minutes. I would like to hear your views on this topic. You do not have to participate in the study and nothing will happen if you decide not to. Likewise, if you decide to be interviewed, you will not receive any material or other benefits. I will not record your name and everything you tell me will be held in strict confidence.  Would you like to talk with me? *[If not, thank the respondent for her time.]*  **Consent was provided**: YES NO |

### Section A: Doer/Non-Doer Screening Questions

**1. How old are you?**

❑ A. Between 10 – 19 years 🡪 *[Ask the next question*.*]*

❑ B. Less than 10 or more than 19 years 🡪 *[End the interview and look for another respondent*.*]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**2. Have you begun menstruating?[[1]](#footnote-1)**

❑ A. Yes 🡪 *[Ask the next question*.*]*

❑ B. No 🡪 *[End the interview and look for another respondent.]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**3. Can you please describe for me the type of sanitary pad you used the last time you had period?**

❑ A. Modern sanitary pad 🡪 *[Mark the respondent as a DOER and continue to section B.]*

❑ B. Traditional sanitary pad 🡪 *[Mark the respondent as a NON-DOER and continue to section B.]*

❑ C. Won’t say 🡪 *[End the interview and look for another respondent.]*

**DOER/NON-DOER CLASSIFICATION TABLE**

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| **DOER (ALL of the following)** | **NON-DOER (ANY one of the following)** | **DO NOT INTERVIEW (ANY one of the following)** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A |  | Question 2 = B or C |
| Question 3 = A | Question 3 = B | Question 3 = C |

**The respondent is a: ❑ Doer ❑ Non-Doer**

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| **Behaviour Explanation**  In the following questions I am going to be talking about modern sanitary pads. When I say this, I mean this … *[show a modern sanitary pad / different types of modern sanitary pads].* |

### Section B: Research Questions

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| **If the respondent is a DOER =**  **🡫 only ask questions in this LEFT column 🡫** | **If the respondent is a NON-DOER =**  **🡫 only ask questions in this RIGHT column 🡫** |
| **1. Perceived Self-Efficacy/Skills** | |
| **1.1 Doers:** What makes it **easy** for you to use a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* | **1.1 Non-Doers:** What would make it **easy** for you to use a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* |
| **1.2 Doers:** What makes it **difficult** for you to use a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* | **1.2 Non-Doers:** What would make it **difficult** for you to use a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* |
| **2. Perceived Positive Consequences** | |
| **Doers:** What are the **positive consequences** of using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What would be the **positive consequences** of using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* |
| **3. Perceived Negative Consequences** | |
| **Doers:** What are the **negative consequences** of using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* | **Non-Doers:** What are the **negative consequences** of using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “What else?”]* |
| **4. Perceived Social Norms** | |
| **4.1 Doers:** Who are all the people that **approve** of you using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.1 Non-Doers:** Who are all the people that **would approve** of you using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **4.2 Doers:** Who are all the people that **disapprove** of you using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* | **4.2 Non-Doers:** Who are all the people that **would disapprove** of you using a modern sanitary pad every time you have your period?  *[Write all responses below. Probe with “Who else? Anyone in particular?”]* |
| **5. Perceived Access** | |
| **Doers:** How difficult is it to get the modern sanitary pads? Is it very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all | **Non-Doers:** How difficult would it be to get the modern sanitary pads? Would it be very difficult, somewhat difficult or not difficult at all?  ❑ A. Very difficult  ❑ B. Somewhat difficult  ❑ C. Not difficult at all |
| **6. Perceived Susceptibility/Vulnerability** | |
| **Doers:** How likely is it that you will get a urinary tract infection[[2]](#footnote-2) in the next year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | **Non-Doers:** How likely is it that you will get a urinary tract infection in the next year? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **7. Perceived Severity** | |
| ***Doers:*** How serious would it be if you got a urinary tract infection? Very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all | ***Non-Doers:*** How serious would it be if you got a urinary tract infection? Very serious, somewhat serious or not serious at all?  ❑ A. Very serious  ❑ B. Somewhat serious  ❑ C. Not serious at all |
| **8. Perceived Action Efficacy** | |
| ***Doers:*** How likely is it that you would get a urinary tract infection if you use modern sanitary pads every time you have your period? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all | ***Non-Doers:*** How likely is it that you would get a urinary tract infection if you use modern sanitary pads every time you have your period? Is it very likely, somewhat likely or not likely at all?  ❑ A. Very likely  ❑ B. Somewhat likely  ❑ C. Not likely at all |
| **9. Perceived Divine Will** | |
| ***Doers:*** Do you think that it is God’s will for girls to get urinary tract infections?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Do you think that it is God’s will for girls to get urinary tract infections?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |
| **10. Culture** | |
| ***Doers:*** Are there any cultural rules or taboos against using a modern sanitary pad?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No | ***Non-Doers:*** Are there any cultural rules or taboos against using a modern sanitary pad?  ❑ A. Yes  ❑ B. Maybe  ❑ C. No |

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| **Go through the questionnaire and check whether all answers were recorded.**  **Thank the respondent for her time!** |

1. Survey implementers will need to decide what is the most culturally appropriate way to ask this question. If possible, ensure that the data collectors are women. [↑](#footnote-ref-1)
2. If this behavior is being promoted to avoid a different problem, insert that problem here and the questions on severity and action efficacy. [↑](#footnote-ref-2)